



FRESH FRUIT ICECLE

Just fresh fruit dipped into dark chocolate and shaped as icecle. extra energy for a summer snack.



INGREDIENTS:

200 g. strawberries
200 g. pineapple
1 n. banana
4 n. kiwi
200 ml almond milk
200 g. extra dark chocolate Emilia
_ pistachios, violet, golden crunchy grains



Difficulty
EASY



Preparation
270 min



Portions
16

1 Blend the fruit with half a banana and two tablespoons of almond milk.

TIP

You can decorate the icecles with hazelnuts and sugar for extra fun.

2 Pour the mixture obtained in the appropriate icicles container and cool in a freezer for 4 hours.

3 Remove from the freezer, remove the icicles from the container and dip them fast in the melted chocolate. Hang on a sheet of baking paper and dusting with the favorite grain. Allow to dry and repeat the operation for each icicle. Serve immediately or store in a freezer.