

## CHOCOLATE MUG CAKE

*The mug cake is a delightful idea for a sweet break during the day: a soft chocolate cake served in a cup! It is prepared in a few minutes and is cooked even less in the microwave oven*



### INGREDIENTS:

**180 g.** of flour  
**70 g.** of bitter cocoa powder Emilia  
**120 g.** of sugar  
**3** eggs  
**70 ml** of milk  
**65 ml** of sunflower oil  
**1/2** teaspoon of cake yeast  
**70 g.** of dark chocolate Emilia

### TO DECORATE

A few spoonfuls of whipped cream  
**2** tablespoons of chocolate in flakes



Difficulty  
EASY



Preparation  
17 min



Portion  
4

**1** In a large bowl mix all the dry ingredients: flour, cocoa, sugar and yeast.

**2** In a separate bowl mix the damp ingredients: eggs, oil and milk. Mix well, then join the dry part and mix quickly. Finally, combine coarse chopped chocolate.

**3** Divide the dough into 4 cups and cook one at a time for 3 minutes at 1000 watts. Bend and let cool. Decorate with a tuft of cream and some chocolate chips before serving.

### TIP

For a nice contrast, replace chopped dark chocolate with the same weight in white chocolate, or add half white chocolate and half to milk.